

BREAKFAST



15 acacia place
abbotsford
www.frankiesays.com.au

**HAVE A
WONDERFUL DAY!**

SWEETS

Fresh Muffins

Assorted Pastries

House Baked Cookies

Brownies

Assorted Cakes

TOASTED SOURDOUGH 6

Ask for choice of spreads

Add for \$6:

Chunky avocado

FRUIT TOAST 10

With a side of butter

TOASTED SANDWICHES 11

Ham, melted cheese & tomato

Add for \$3:

Avocado

EGGS ON TOAST YOUR WAY 11

Add ons for \$6:

Chunky avocado, chicken & chive sausage, truffled mushrooms, grilled tomato, double smoked bacon, spinach, house cured salmon, grilled halloumi

As well as these for \$3:

Extra egg, hollandaise, gluten free bread

SMOKED BACON BRIOCHE BURGER 18

With cheese, two fried eggs, relish & chunky avocado

NDUJA BENNY (IT'S GOT RICK) 22

Two poached eggs, crispy bacon, nduja toasted bread & cider hollandaise

CHEESE OMELETTE (V) 21

Melted cheese with tomato, fresh basil, balsamic glaze, red pepper harissa, toasted sourdough

GREEN BOWL (V) (VG OPTION) 21

Broccolini, spinach, asparagus, chunky avocado, two poached eggs, toasted nuts & seeds

EGGS ATLANTIC 23

Two soft poached eggs, house cured salmon, lemon avocado & dukkah spice on sourdough toast

COFFEE & TEA

*Want it in a mug?
+0.5*

Caffeine (Hot or Iced)	4.5	Vanilla	+1
Turmeric / Chai / Matcha	5	Bonscy Milk	+0.5
English Breakfast / Earl Grey / Green Tea	5	Lactose Free Milk	+1
		Almond Milk	+1
		Oat Milk	+1

LUNCH



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WANT WIFI?
buyadrinkfirst

CHICKEN CLUB SANDWICH 20

With crispy bacon, melted cheese, mayo slaw & chips

SEAFOOD HEAVEN (GF) 36

Fish of the day, cajun spiced calamari (fried or grilled), king prawns, lime butter shell scallops, fresh lemon, aioli & chips

Frankie Says this goes well with a Breheny Bros. Sparkling Bitters

LAMB BURGER 21

Brioche bun with smoked cheese, caramelised onion, harissa & mayo slaw with rustic chips

PORK BELLY BAO BUNS (3) 21

Korean style pork belly, fresh vegetables & herbs, with crushed peanuts & crunchy chips

VEGGIE BURGER (V) (VG OPTION) 20

Veggie patty with chips, chunky avocado, house made tomato chutney, lettuce & melted cheese

STEAK POWER BOWL 26

Sirloin strip, black beans, saffron rice, roasted vegetables, fresh herbs & salsa

SUPER LAMB SALAD 28

Moroccan spiced lamb, spinach, beans, quinoa, rice, toasted nuts, & broccolini with almond dressing

VEGGIE SALAD (VG) 19

Spinach, asparagus, broccolini, beans, salsa, quinoa, rice, toasted nuts, seeds & almond dressing

Add for \$6:

Chicken or cured salmon

Add for \$3:

Poached egg

TO SHARE

HOT CHIPS 10

With tomato sauce or aioli

HALLOUMI FRIES 15

With aioli

CHICKEN KARAAGE 16

Japanese fried chicken with kewpie mayo

FOR LITTLE FRANKIE

CHEESE TOASTIE 10

CALAMARI & CHIPS 11

GRILLED CHICKEN & CHIPS 11

SOFT DRINKS	Mount Franklin Sparkling Water	5	Cascade 330ml	4.5	SOFT DRINKS
	Coke / Coke No Sugar / Sprite / Light	4.5	Lemon Lime Bitters / Soda / Ginger Beer / Crushed Raspberry Soda Press Co.	7	
			Pink Grapefruit / Blueberry + Lime		

V - Vegetarian
VG - Vegan
GF - Gluten Free

DRINKS

FRESH SMOOTHIES 13

BAHAMA

Mango, passionfruit, coconut, flaxseeds, turmeric, banana & vanilla bean

EVERGREEN

Kiwi, kale, spinach, pineapple, spirulina, coconut, mint & orange juice

AMAZONIAN

Acai, blueberries, pomegranate, goji berries, brazil nut, chia seeds & banana

POWER BREAKFAST

Banana, peach, oats, cacao nibs manuka honey, cinnamon & dates

HELENA

Strawberries, dragonfruit, goji berries, pink himalayan salt & dates

Premium Teas

ORGANIC WELLNESS 6

DEEP BREATHE

Echinacea, peppermint, marshmallow root, sweet orange peel and plantain

HIBERNATE

Chamomile, passionflower, lavender, lemon balm, peppermint and liquorice

IMMUNITY

Echinacea, elderflower, calendula petals, cinnamon, hibiscus and rosehip

INVIGORATE

Lemongrass, ginger, cinnamon, lemon peel, lemon myrtle

PURIFY

Nettle leaf, spearmint, dandelion root, calendula petals and milk thistle

REJUVINATE

Tulsi, lemongrass, rose petals and lemon myrtle

SERENITY

Chamomile, linden, rose petals, lavender, spearmint and lemon balm

VITALITY

Peppermint, spearmint, siberian ginseng and sweet orange peel, liquorice and astragalus

ICED DRINKS & MILKSHAKES 7.5

ALCOHOL

MIXERS 17

We also do jugs! \$38

APEROL SPRITZ

Aperol, prosecco, fresh orange & soda

TEQUILA SUNRISE

Triple sec, grenadine, squeezed lemon, orange & cherry

PIMMS

Pimms, fresh lemonade & berries

BLOODY FRANKIE (MARY)

Vodka, tomato juice, hot sauce & worcestershire with fresh lemon

SOME BUBBLES

NV RUGGERI PROSECCO

Prosecco cartizze

9/45

WINES

CRESCENDO PINOT NOIR CHARDONNAY

Castello Estate

10/40

ASHBROOK SAV BLANC

Margaret River WA

9/42

HENRIETTA ROSE

Heathcote VIC

9/38

RANGARILLA ROAD SHIRAZ

McLaren Vale

10/45

FRANKIE SAYS RED

Sangiovese

7/28

BEER & LIQUOR

CARLTON DRAUGHT

7

COBURG LAGER

8

PENTRIDGE PALE ALE

10

CROWN LAGER

9

SON OF A GUN IPA

10

MOUNTAIN GIN & TONIC

10

MAKERS MARK

10

BREHENY BROS SPARKLING BITTERS

8

BREHENY BROS STOUT

9

Brehehy Bros Stout & Bitters available on tap from the bar

